

# March



**BETHESDA GARDENS FRISCO**  
a Bethesda Senior Living Community

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>HAPPY BIRTHDAY</b>  <b>Gini McCulloch 3-12</b>  <b>Dianne Daugherty 3-12</b>  <b>Fay Peek 3-21</b>		<b>LEGEND:</b> ACTIVITY ROOM (AR) DINING ROOM (DR) LIVING ROOM (LR)  * ALL ACTIVITIES ARE SUBJECT TO CHANGE* *IN ROOM VISITS DAILY* *INDEPENDENT GAMES IN (AR)*	<b>1</b>  9:30 Exercise (DR) 10:15 Mexican Train (AR) 1:00 Bible Stories (DR) 2:00 <b>Walmart Outing</b> 5:30 Independent Games	<b>2</b> 9:30 Exercise (DR) 10:15 Crafts (AR) 11:30 <b>Entertainment</b> <b>Toney Walsh (DR)</b> 1:00 <b>Ice Cream Social (DR)</b> 1:30 <b>Resident Council (DR)</b> 2:30 Movie & Popcorn (DR) 5:30 Independent Games	<b>3</b>  9:30 Exercise (DR) 10:15 Corn Hole (DR) 1:00 Mind Games (AR) 2:00 BINGO (DR) 5:30 Independent Games
<b>4</b>  10:30 Catholic Prayer (AR) 10:45 Church Services (DR) 1:00 Manicure (AR) 2:00 BINGO (DR) 5:30 Independent Games	<b>5</b>  9:30 Exercise (DR) 10:15 <b>Sam Moon Outing</b> 1:00 Mental Aerobics (AR) 2:00 <b>Food Service Meeting (DR)</b> 5:30 Independent Games	<b>6</b> 9:30 Exercise (DR) 10:15 Jewelry (DR) 1:30 <b>Entertainment</b> <b>Jessie Frank (DR)</b> 2:30 BINGO (DR) 5:30 Independent Games	<b>7</b>  9:30 Exercise (DR) 10:00 Devotional (DR) 10:15 Art Therapy Class (AR) 11:00 <b>Lunch Outing</b> 1:00 Bible Study (AR) 3:00 Balloon Ball (DR) 5:30 Independent Games	<b>8</b>  9:30 Exercise (DR) 10:15 Wii gaming (AR) 1:00 Bible Stories (DR) 2:00 <b>Target Outing</b> 5:30 Independent Games	<b>9</b>  9:30 Exercise (DR) 10:15 <b>Gardening Project</b> <b>Collin Co. Horticulture</b> 2:00 <b>Happy Hour (DR)</b> 2:30 Movie & Popcorn (DR) 5:30 Independent Games	<b>10</b>  9:30 Exercise (DR) 10:15 Color Therapy (AR) 1:00 Jewelry Making (AR) 2:00 BINGO (DR) 5:30 Independent Games
<b>11</b>  10:30 Catholic Prayer (AR) 10:45 Church Services (DR) 1:00 Manicure (AR) 2:00 BINGO (DR) 5:30 Independent Games	<b>12</b>  9:30 Exercise (DR) 10:15 <b>Consignment Store Outing</b> 1:00 Mental Aerobics (AR) 2:30 <b>Movement to Music (DR)</b>	<b>13</b>  9:30 Exercise (DR) 10:15 Jenga (AR) 1:30 <b>Entertainment</b> <b>Sam Baker (DR)</b> 2:30 BINGO (DR) 5:30 Independent Games	<b>14</b>  9:30 Exercise (DR) 10:00 Devotional (DR) 10:15 Art Therapy Class (AR) 1:00 Bible Study (AR) 3:00 Therapy Ball (DR) 5:30 Independent Games	<b>15</b>  9:30 Exercise (DR) 10:15 Crosswords (AR) 1:00 Bible Stories (DR) 2:00 <b>Walmart Outing</b> 5:30 Independent Games	<b>16</b> 9:30 Exercise (DR) 10:15 Crafts (AR) 1:00 <b>Karaoke w/ Staff (DR)</b> 2:00 <b>Root Beer Float Social (DR)</b> 2:30 Movie & Popcorn (DR) 5:30 Independent Games	<b>17 St. Patrick's Day</b>  <b>Wear Green Day</b> 9:30 Exercise (DR) 10:15 Bowling (DR) 1:00 Wheel of Fortune (AR) 2:00 BINGO (DR) 5:30 <b>St. Patrick's Day Social W/ Entertainment Reel Treble</b>
<b>18</b>  10:30 Catholic Prayer (AR) 10:45 Church Services (DR) 1:00 Manicure (AR) 2:00 BINGO (DR) 5:30 Independent Games	<b>19</b>  9:30 Exercise (DR) 10:15 <b>Dollar Tree Outing</b> 1:00 Mental Aerobics (AR) 2:00 <b>Activity Meeting (DR)</b> 5:30 Independent Games 6:30 <b>Family Meeting Fall Prevention Seminar</b>	<b>20 Spring Begins</b>  9:30 Exercise (DR) 10:15 Jewelry (DR) 1:30 <b>Spring Social (DR)</b> 2:30 BINGO (DR) 5:30 Independent Games	<b>21</b>  9:30 Exercise (DR) 10:00 <b>Prairie Creek Baptist Church Choir (DR)</b> 1:00 Bible Study (AR) 3:00 Balloon Ball (DR) 5:30 Independent Games	<b>22</b>  9:30 Exercise (DR) 10:15 Card Games (AR) 1:00 Bible Stories (DR) 2:00 <b>Target Outing</b> 5:30 Independent Games	<b>23</b>  9:30 Exercise (DR) 10:15 Crafts (AR) 1:00 <b>Wii gaming w/ Staff (DR)</b> 2:30 <b>Happy Hour (DR)</b> 2:30 <b>Entertainment Laurie Gabriel (DR)</b> 5:30 Independent Games	<b>24</b>  9:30 Exercise (DR) 10:15 Jewelry (AR) 1:00 <b>Easter Egg Hunt Residents Families (CY)</b> 2:00 BINGO (DR) 5:30 Independent Games
<b>25</b>  10:30 Catholic Prayer (AR) 10:45 Church Services (DR) 1:00 Manicure (AR) 2:00 BINGO (DR) 5:30 Independent Games	<b>26</b>  9:30 Exercise (DR) 10:15 Crafts (AR) 1:00 Mental Aerobics (AR) 2:00 <b>Ice Cream Outing</b> 5:30 Independent Games	<b>27</b>  9:30 Exercise (DR) 10:15 Yahtzee (AR) 1:30 <b>Entertainment</b> <b>Debbie DePauw (DR)</b> 2:30 BINGO (DR) 5:30 Independent Games	<b>28</b> 9:30 Exercise (DR) 10:00 Devotional (DR) 10:15 Art Therapy Class (AR) 11:30 <b>Entertainment</b> <b>Dave Eagleston (DR)</b> 1:00 Bible Study (AR) 3:00 BalloonBall w/ Staff (DR) 5:30 Independent Games	<b>29</b>  9:30 Exercise (DR) 10:15 Mexican Train (AR) 1:00 Bible Stories (DR) 2:00 <b>Walmart Outing</b> 5:30 Independent Games	<b>30 Good Friday</b>  9:30 Exercise (DR) 10:15 <b>Easter Egg Hunt For Residents (LR)</b> 1:00 Wii Gaming (DR) 2:00 <b>Birthday Party (DR)</b> 2:30 Movie & Popcorn (DR) 5:30 Independent Games	<b>31</b>  9:30 Exercise (DR) 10:15 Dominoes (AR) 1:00 Color Therapy (AR) 2:00 BINGO (DR) 5:30 Independent Games