

February



BETHESDA GARDENS FRISCO
a Bethesda Senior Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY VALENTINE'S DAY</p>		<p>HAPPY BIRTHDAY</p> <p>Rosalie Jones 2-3 Elfrieda Fast 2-8 Barbara Boyer 2-10 Rosie Lopez 2-13</p> <p>Jo Youngblood 2-14 Lindy Daniels 2-18 Evelyn Merkle 2-22</p>		<p>1</p> <p>9:30 Exercise (DR) 10:30 Heart Sun Catchers (AR) 1:00 Family Feud (DR) 2:00 Movie & Popcorn (DR) "Beyond The Sea" 5:30 Independent Games (AR)</p>	<p>2</p> <p>9:30 Exercise (DR) 10:30 Independent Games(AR) 1:00 Prayer Warriors (AR) 2:00 BINGO (DR) 5:30 Independent Games (AR)</p>	
<p>3 SUPERBOWL SUNDAY 5:30 (LV) </p> <p>10:30 CATHOLIC PRAYER (SR) 10:45 CHURCH SERVICE (DR) 1:00 MANICURES (AR) 2:00 BINGO (DR)</p>	<p>4</p> <p>9:30 Exercise (DR) 10:30 KROGER OUTING 1:00 Mental Aerobics (AR) 2:00 Food Service Meeting (DR) 5:30 Independent Games (AR)</p>	<p>5</p> <p>9:30 Exercise (DR) 10:30 Dominoes (SR) 1:30 ENTERTAINMENT JESSIE FRANK (DR) 2:30 BINGO (DR) 5:30 Independent Games (AR)</p>	<p>6</p> <p>9:30 Exercise (DR) 10:30 Wreath Craft (AR) 11:30 PANERA'S LUNCH OUTING 1:00 Bible Study (AR) 3:00 Balloon Ball (DR) 5:30 Independent Games (AR)</p>	<p>7</p> <p>9:30 Exercise (DR) 10:30 Wheel Of Fortune (SR) 1:00 Mind Benders (AR) 2:00 WALMART OUTING 5:30 Independent Games (AR)</p>	<p>8</p> <p>9:30 Exercise (DR) 10:30 Volunteer Project (AR) 1:00 Pictionary (AR) 2:30 Happy Hour & Movie "Greatest Showman" (DR) 5:30 Independent Games (AR)</p>	<p>9</p> <p>9:30 Exercise (DR) 10:30 Independent Games(AR) 1:00 Prayer Warriors (AR) 2:00 BINGO (DR) 5:30 Independent Games (AR)</p>
<p>10 </p> <p>10:30 CATHOLIC PRAYER (SR) 10:45 CHURCH SERVICE (DR) 1:00 MANICURES (AR) 2:00 BINGO (DR)</p>	<p>11 </p> <p>9:30 Exercise (DR) 10:30 Cookie Craft (AR) 1:00 Mental Aerobics (AR) 2:00 Activity Meeting (DR) 5:30 Independent Games (AR)</p>	<p>12 </p> <p>9:30 Exercise (DR) 10:30 Crosswords (SR) 1:30 ENTERTAINMENT RICHARD BARRY (DR) 2:30 BINGO (DR) 5:30 Independent Games (AR)</p>	<p>13 </p> <p>9:30 Exercise (DR) 10:30 Jewelry Art (AR) 1:00 Bible Study (AR) 3:00 Balloon Ball (DR) 5:30 Independent Games (AR)</p>	<p>14 VALENTINE'S DAY </p> <p>9:30 Exercise (DR) 10:30 Color Therapy (SR) 1:00 VALENTINE SOCIAL (DR) 2:00 TARGET OUTING 4:00 Valentine's Dinner 5:30 Independent Games (AR)</p>	<p>15 </p> <p>9:30 Exercise (DR) 10:30 Crafts (AR) 1:00 RESIDENT COUNCIL (DR) 2:00 Happy Hour & Movie "Awakenings" (DR) 5:30 Independent Games (AR)</p>	<p>16 </p> <p>9:30 Exercise (DR) 10:30 Jewelry Art (AR) 1:00 Prayer Warriors (AR) 2:00 BINGO (DR) 5:30 Independent Games (AR)</p>
<p>17 </p> <p>10:30 CATHOLIC PRAYER (SR) 10:45 CHURCH SERVICE (DR) 1:00 MANICURES (AR) 2:00 BINGO (DR)</p>	<p>18 </p> <p>9:30 Exercise (DR) 10:30 DOLLAR TREE OUTING 1:00 Mental Aerobics (AR) 3:00 Bean Bag Toss (DR) 5:30 Independent Games (AR)</p>	<p>19 </p> <p>9:30 Exercise (DR) 10:30 JENGA (AR) 1:30 ENTERTAINMENT SAM BAKER (DR) 2:30 BINGO (DR) 5:30 Independent Games (AR)</p>	<p>20 </p> <p>9:30 Exercise (DR) 10:30 Art Class (AR) 1:00 Bible Study (AR) 2:00 SMOOTHIE SOCIAL (DR) 3:00 Balloon Ball (DR) 5:30 Independent Games (AR)</p>	<p>21 </p> <p>9:30 Exercise (DR) 10:30 Puzzles (SR) 1:00 Mind Benders (AR) 2:00 WALMART OUTING 5:30 Independent Games (AR)</p>	<p>22 </p> <p>9:30 Exercise (DR) 10:30 5 Second Rule (AR) 10:30 FMSC VOLUNTEER OUTING 1:00 Sing A Long (DR) 2:00 Movie & Popcorn "Singin' in the Rain" (DR) 5:30 Independent Games (AR)</p>	<p>23 </p> <p>9:30 Exercise (DR) 10:30 Clue Board Game (AR) 1:00 Prayer Warriors (AR) 2:00 BINGO (DR) 5:30 Independent Games (AR)</p>
<p>24 </p> <p>10:30 CATHOLIC PRAYER (SR) 10:45 CHURCH SERVICE (DR) 1:00 MANICURES (AR) 2:00 BINGO (DR)</p>	<p>25 </p> <p>9:30 Exercise (DR) 10:30 Volunteer Project (AR) 1:00 Mental Aerobics (AR) 3:00 Bucket Ball (AR) 5:30 Independent Games (AR) 6:00 Independent H.S. Play Outing "The Last Life Boat"</p>	<p>26 </p> <p>9:30 Exercise (DR) 10:30 Farkle Game (AR) 1:00 ENTERTAINMENT LAURIE GABRIEL (DR) 2:30 BINGO (DR) 5:30 Independent Games (AR)</p>	<p>27 </p> <p>9:30 Exercise (DR) 10:30 Jewelry Art (AR) 1:00 Bible Study (AR) 2:30 BIRTHDAY & NEW RESIDENT SOCIAL (DR) 3:00 Balloon Ball (DR) 5:30 Independent Games (AR)</p>	<p>28 </p> <p>9:30 Exercise (DR) 10:30 Gardening Project (AR) 1:00 Mind Benders (AR) 2:00 TARGET OUTING 5:30 Independent Games (AR)</p>	<p>*ALL ACTIVITIES ARE SUBJECT TO CHANGE*</p> <p>*IN ROOM VISITS DAILY*</p> <p>INDEPENDENT GAMES IN ACTIVITY ROOM DAILY</p>	<p>LEGEND:</p> <p>ACTIVITY ROOM (AR) DINING ROOM (DR) SUN ROOM (SR) LIVING ROOM (LR) COURTYARD (CY) OUTINGS—RED</p>